香港運動治療師總會
SPORTS THERAPISTS ASSOCIATION OF HONG KONG

Continued Professional Development Manual

For Course Organizer

First Edition - September 2026

Introduction

With the introduction of a Sports Therapy Degree in Hong Kong in 2012 and graduates beginning to practice in 2016, the development of the sports therapy profession is being recognized more widely by various sports sectors as well as the community sector.

The understanding of technological development, practical skills and knowledge are the core requirements for sports therapists to manage changes of medical trends and in either on-field or clinical conditions as well as providing evidence-based intervention or education to the public.

It is believed that continued professional development (CPD) can be a tool to assist sports therapists to develop their lifelong learning plan to maintain a safe and competent environment in the sports and medical fields. Especially when working in specialty areas like sports field emergency care, children, elderly, pregnancy, CPD scheme becomes a safeguard to ensure providing a safe service for both therapists and the service users. Therefore, the participation of CPD is a mandatory continuous act for all sports therapists throughout their life.

Objectives of Mandatory CPD Scheme

Objectives of mandatory CPD are:

i. Encourage registrants to be up-to-date in their career with maintaining knowledge and skills.
ii. Enhance future capabilities in registrants' future career development.
iii. Prove registrants possess necessary personal qualities to execute professional and technical duties in an ethical manner.

Mandatory CPD Cycle

Only *Category A – Registered Members required to report their CPD assessment in every CPD year, but all members are encouraged to maintain their sports therapy related service quality by self-participating in the CPD activities mentioned in the list below.

A CPD year is a 12-month cycle starting from 1st July of the start/renewal of the STAoHK membership to 30th June next year before the end of their yearly membership (e.g 1st July 2025 – 30th June,2026). In general, **32 CPD hours** are needed for each registrant to fulfill the yearly requirement. In addition, any non-recognized course may gain 50% of CPD hours if it is sports therapy related.

It is the responsibility of registrants and other related personnels to record and calculate the hours taken place. Any exceeded CPD hours in each CPD cycle **will not be** carried to the next CPD cycle.

The list below are activities registrants should attend to accumulate their CPD hours:

Items		Description of activity
i.	Lecture/Course/Seminar	Must be accredited by STAoHK, either online or live.
ii.	Present in conferences/professional meeting	Must be accredited by STAoHK, either online or live.
iii.	Participating in publication related to sports therapy	Articles published in professional journal / textbook / editorial column (English/Chinese).
iv.	Exchange in professional sports team	Supervisor with 2 years or more experience in sports therapy or related field
v.	Teaching sports therapy related programme	Must be accredited by STAoHK committee
vi.	Post-graduation studies	Post-graduate studies (HKQF Level 6 or equivalent) in academic institute related to sports therapy or medicine leading to higher qualifications (except studies in different medical or allied health disciplines)
vii.	In-service training	Internal sports therapy related CPD training offered by the employer/Department Head with evidence. i. Min 3 pax. ii. Present of attendance record. iii. Evidence of used presentation/teaching materials.
viii.	Volunteer for STAoHK	Participate as a volunteer of STAoHK and have serviced maximum 16 hours in the past 12 months.

The registrants are required to keep their CPD record and documentary proof for **at least 6 years**. Upon requesting by the committee, registrants should submit their evidence to the committee for processing by following means:

By email: enquiry@staohk.org

Successful Applications

We will notify you by email of the results of application as soon as possible and it will take within 2 weeks when all the information provided is satisfied with our requirement. It takes longer to proceed if we need more information. Successful applicants shall pay the accreditation fees as follows:

Fees for successful accreditation:

For 1-year valid period: $1400 per course/level
For 2-year valid period: $2500 per course/level
For 3-year valid period: $3800 per course/level

Accreditation fee shall be made payable within 14 days from the date of approval by bank deposit or pay cheque:
BOC 012-394-2-045841-1 (Sports Therapists Association of Hong Kong Limited)
FPS ID: 124966177
*Please email the screencap of bank in slip for our easy follow up.

Successful applications will be follow up by an e-cert certifying the accredited CPD program, with a number and badge for printing on the organizer’s course certificates within 2 weeks of payment received.

Sports Therapists Association of Hong Kong

CPD Application Form for Accreditation

Name of CPD provider: _____

Contact no.: _____ Email: _____

Date of application: _____

Proposed program (Please tick the box)

i.	Lecture/Course/Seminar	▢
ii.	Present in conferences/professional meeting	▢
iii.	Participating in publication related to sports therapy	▢
iv.	Exchange in 1st division sports team	▢
v.	Teaching sports therapy related programme	▢
vi.	Post-graduation studies	▢
vii.	In-service training	▢
viii.	Volunteering for STAoHK	▢

Course title: _____

Target number of participants: _____ Date(s) to be offered: _____

Course hours/duration: _____

Course description (<100 words) – You can submit a separate document for course details.

Documents required for submission to CPD Board

1. Program of activities showing time/duration
2. Certificates or citations
3. Current professional ID of speaker if registered professional; if foreigner, current special temporary permit (such as work visa), if applicable
4. Breakdown of expense of the course

Signature of Course Organizer (with Chop): _____ Date: _____