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POSITION STATEMENT FROM THE SPORTS THERAPISTS ASSOCIATION OF HONG KONG

Title: "Understanding the Role of Registered Sports Therapists: Ensure Your Safety and Well-being"

Dear fellow Hong Kong citizens,

We, the Sports Therapist Association of Hong Kong, would like to shed light on an important topic regarding the claim of being a registered sports therapist. It has come to our attention that there is a need to educate the public on what qualifies an individual to make such claims.

In order to protect your safety and well-being, it is crucial to understand the qualifications and criteria that a registered sports therapist must meet. Please take note of the following:

1. Academic Education: A registered sports therapist has completed a recognized and accredited sports therapy/rehabilitation degree or a sports therapy/rehabilitation program equivalent to bachelor level or above, obtaining the necessary qualifications and knowledge in anatomy, physiology, injury assessment, rehabilitation techniques, and sports medicine.
2. Registration of membership: They hold a valid membership of registration from a recognized sports therapy professional or governing body in HKSAR and/UK with Professional Indemnity Insurance cover that protect the interest to both therapists and patients/athletes.
3. Continuous Professional Development: Registered sports therapists actively engage in ongoing education and professional development. They stay updated with the latest advancements in sports therapy and continuously enhance their skills to provide the best possible care to their clients.
4. Ethical Guidelines: A registered sports therapist adheres to a strict code of ethics, which includes maintaining client confidentiality, respecting boundaries, and prioritizing the well-being and safety of their clients.

By seeking treatment from a registered sports therapist, you can have peace of mind knowing that you are in the hands of a qualified professional who is dedicated to your overall health and performance.

For further enquiries to the position statement please contact us by enquiry@staohk.org .